

Self-insured

Summary of change lists

2021 Aetna Standard Plan

Aetna Standard Plan – April 1, 2021 updates

There will be changes to the Aetna Standard Plan drug list that applies to your plan starting April 1, 2021. It's important that you review and understand the changes in the chart below. Talk to your health care provider about how these changes might impact you.

What if I need a prescription drug that requires a medical exception?

You or your prescriber can request a medical exception to the changes in this letter. If you would like to ask for a medical exception, speak directly with your prescriber or you can call us at the toll-free number on your member ID card.

We'll contact you and your prescriber with our decision. If your exception is approved, you only need to pay your plan copay or cost-share. This amount is based on your pharmacy plan design.

How to find a preferred medicine that's right for you

You can visit the website that's on your member ID card and sign into your account.

Key	
UPPERCASE	Brand-name medicine
<i>lowercase italics</i>	Generic medicine

Drugs moving from not covered to covered status

Disease state	Drug name
Gastrointestinal	ASACOL HD

Drugs moving from non-preferred to preferred (Tier 3 to Tier 2) status

Disease state	Drug name
Gout	MITIGARE
Menopause	VAGIFEM

Drugs moving from preferred to non-preferred (Tier 2 to Tier 3) status

Disease state	Drug name	Alternative(s)
Cancer	TYKERB	<i>lapatinib</i>
Dietary Supplement	DRISDOL	Consult doctor
Gastrointestinal	LEVBIID	<i>dicyclomine, hyoscyamine sulfate, hyoscyamine sulfate ext-rel capsule, hyoscyamine sulfate orally disintegrating tablet, LEVSIN</i>
HIV	ATRIPLA, SYMFI, SYMFI LO	<i>efavirenz-emtricitabine-tenofovir disoproxil fumarate, efavirenz-lamivudine-tenofovir disoproxil fumarate, BIKTARVY, DOVATO, GENVOYA, ODEFSEY, SYMTUZA, TRIUMEQ</i>
Inflammation	ORAPRED	<i>dexamethasone, hydrocortisone, methylprednisolone, prednisolone solution, prednisone</i>

Drugs moving from covered to not covered status

Disease state	Drug name	Alternative(s)
ADHD	ADDERALL	<i>amphetamine-dextroamphetamine mixed salts, methylphenidate</i>
	FOCALIN XR	<i>amphetamine-dextroamphetamine mixed salts ext-rel (excluding certain NDCs), dexamethylphenidate ext-rel, methylphenidate ext-rel (excluding certain NDCs), MYDAYIS, VYVANSE</i>
Anticonvulsant	<i>Topiramate sprinkle</i>	<i>carbamazepine, carbamazepine ext-rel, clobazam, divalproex sodium, divalproex sodium ext-rel, gabapentin, lamotrigine, lamotrigine ext-rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, primidone, rufinamide, tiagabine, topiramate, valproic acid, zonisamide, FYCOMPA, OXTELLAR XR, TROKENDI XR, VIMPAT, XCOPRI</i>
	BANZEL SUSPENSION	<i>clobazam, clonazepam, lamotrigine, rufinamide, topiramate, TROKENDI XR</i>
Antidepressant	<i>paroxetine 7.5mg capsule</i>	<i>paroxetine HCl</i>
	ZOLOFT	<i>citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext-rel, sertraline, TRINTELLIX</i>
Asthma	<i>zileuten</i>	<i>montelukast, zafirlukast</i>
Contraceptives	YASMIN	<i>ethinyl estradiol-drospirenone, ethinyl estradiol-drospirenone-levomefolate, ethinyl estradiol-norethindrone acetate, ethinyl estradiol-norethindrone acetate-iron</i>
Dermatologic	<i>clocortolone cream, desoximetasone ointment, hydrocortisone lotion, triamcinolone ointment 0.05%, trianex ointment</i>	<i>hydrocortisone butyrate cream, hydrocortisone butyrate ointment, hydrocortisone butyrate solution, mometasone, triamcinolone cream, triamcinolone lotion, triamcinolone ointment (except triamcinolone ointment 0.05%)</i>
	ELIDEL CREAM	<i>pimecrolimus, tacrolimus, EUCRISA</i>
Diabetes	GUARDIAN CONTINUOUS GLUCOSE MONITORING SYSTEM	DEXCOM CONTINUOUS GLUCOSE MONITORING SYSTEM
Eye Disorders	TRAVATAN Z	<i>latanoprost, travoprost, LUMIGAN, ZIOPTAN</i>
Gastrointestinal	<i>Hyoscyamine, SYMAX- SR, OSCIMIN SR</i>	<i>dicyclomine</i>
	<i>pantoprazole pak</i>	<i>esomeprazole delayed-rel, lansoprazole delayed-rel, omeprazole delayed-rel, pantoprazole delayed-rel tablet, DEXILANT</i>
Gout	ULORIC	<i>allopurinol</i>
High Blood Pressure	AZOR	<i>amlodipine-olmesartan, amlodipine-telmisartan, amlodipine-valsartan</i>
	COREG	<i>atenolol, carvedilol, carvedilol phosphate ext-rel, metoprolol succinate ext-rel, metoprolol tartrate, nadolol, pindolol, propranolol, propranolol ext-rel, BYSTOLIC</i>
	COZAAR, MICARDIS	<i>candesartan, irbesartan, losartan, olmesartan, telmisartan, valsartan</i>
	HYZAAR, MICARDIS HCT	<i>candesartan-hydrochlorothiazide, irbesartan-hydrochlorothiazide, losartan-hydrochlorothiazide, olmesartan-hydrochlorothiazide, telmisartan-hydrochlorothiazide, valsartan-hydrochlorothiazide</i>
	ZESTORETIC	<i>fosinopril-hydrochlorothiazide, lisinopril-hydrochlorothiazide, quinapril-hydrochlorothiazide</i>
High Cholesterol	<i>fenofibrate</i>	<i>fenofibrate (except fenofibrate capsule 50 mg, 130 mg; fenofibrate tablet 40 mg, 120 mg), fenofibric acid delayed-rel</i>

Drugs moving from covered to not covered status (continued)

Disease state	Drug name	Alternative(s)
Hormone Replacement	ANDROGEL	<i>testosterone gel</i> (except authorized generics for TESTIM and VOGELXO), <i>testosterone solution</i> , ANDRODERM
Infection	<i>doxycycline hyclate 50mg tablet</i>	<i>doxycycline hyclate 20 mg</i> , <i>doxycycline hyclate capsule</i> , <i>minocycline</i> , <i>tetracycline</i>
Migraine	MAXALT, MAXALT MLT	<i>eletriptan</i> , <i>naratriptan</i> , <i>rizatriptan</i> , <i>sumatriptan</i> , <i>zolmitriptan</i> , NURTEC ODT, ONZETRA XSAIL, REYVOW, UBRELVY, ZEMBRACE SYMTOUCH, ZOMIG NASAL SPRAY
Nerve Pain	LYRICA	<i>duloxetine</i> , <i>pregabalin</i>
Pulmonary Arterial Hypertension (PAH)	REMODULIN	<i>treprostinil</i>
Sleep Disorders	SILENOR	<i>doxepin</i> , <i>eszopiclone</i> , <i>ramelteon</i> , <i>zolpidem</i> , <i>zolpidem ext-rel</i> , <i>zolpidem sublingual</i> , BELSOMRA
Thyroid Supplement	CYTOMEL	<i>levothyroxine</i> , <i>liothyronine</i> , SYNTHROID

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